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I am very pleased to announce that my new book, No Excuses- The Power of Self-Discipline has been released! After a significant amount of writing, composing, editing, and drying is here! This book is based on years and years of study and research conducted around the concept of self-discipline. Here's my personal story... From the beginning... You see, I started as a young man, thinking that the world should live for me. I'm certainly not out of money. In fact, it is rarely even discussed at home because there was none. As a result of my limited thinking, I slaved away at kago labor jobs in construction and factory work for years before I finally got it. In fact, I would like to show usually late, and leave usually early. I thought that by just showing and punching my card, my success would be guaranteed. If I could just hang out for another 30 years before retirement. Then I'll be on the easy street. Let's talk about limiting thinking. There are thousands of excuses for failure, but never for good reasons. -Mark Twain Boy was I'm wrong. Years passed before I learned how to really succeed. One day something happened that changed my life forever. As I sat shivering in my tiny apartment, in the cold minus 35 degrees F night, I suddenly came in to know that this is my life, not a dress rehearsal. A light bulb exploded in my head. I looked back at my little one-something apartment and considered the fact that I didn't even graduate from high school. The only job I've qualified is manual labor. GET THE FIRST CHAPTER OF MY NEW BOOK HERE! What a learning moment for me. At that moment I knew that everything would change in my life, and it would be up to me. In other words, if I'm not going to change, there's never going to be anything in my life. I realized over time, I could no longer blame the situation on my difficult childhood or the mistakes I had made in the past. I was in charge. I was in the driver's seat. I had to stop making excuses! This simple but shocking revelation has changed my life forever. From that moment on I began to take more and more responsibility for life. Instead of doing just the bare minimum to get through, I have now taken full responsibility for everything from my finances, my health, and especially my future. The very next day, I went downstairs to a local bookstore during my lunch break, picked up a borrowed book, and started a lifelong practice of buying books, information ideas and lessons that could help me. I have devoted my life to self-improvement and continuous learning in every possible way. And I stopped making excuses. Over time, I learned that 80% of the population never takes full responsibility for their lives. The consequences of this Sinkin thinking, however, can be catastrophic. You can destroy all your hopes for success and happiness in your life. Imagine self-sabotage dreams, and then wrap themselves up and blame everything around you, but also yourself. It's stupid thinking. More this is how most people go through life. No wonder the world is confused. What about your family and friends? How do your constant excuses affect them? What do you teach your children about life? As I said, having studied this for years. I have found 80% of people live this way. I'm here to tell you that this has to stop now. And you're the only person who can stop it. Okay, so you have two options... 1. You accept the reality of this and have vowed to do something about it now. OR TWO. You continue as you have, feeling sorry for yourself and acting poor I sacrifice. You don't have to be a victim! I've been where you are, and I can feel your pain. But if you let me help, we can develop a happy solution for you to get with your new successful life. GET THE FIRST CHAPTER OF MY NEW BOOK HERE! About Brian Tracy - Brian is recognized as the best sales training and personal success of power in the modern world. He is the author of more than 60 books and has produced over 500 audio and video training programs on sales, management, business success and personal development, including the worldwide bestselling Psychology Achievement. Brian's goal is to help you achieve your personal and business goals faster and easier than you ever imagine. You can follow him on Google, Twitter, Facebook, Pinterest, LinkedIn and Youtube. You can always come up with dozens of reasons why you haven't achieved your goals. Maybe you had an overbearing mother, or the economy is tough or your boss doesn't appreciate you. The list of excuses is endless. However, if you want to be successful, redirect the energy you put in excuse in making progress. You'll surprise yourself. Life is difficult for everyone, but successful people achieve their goals despite life's obstacles. They eat dinner before dessert. They lose immediate pleasure for long-term satisfaction. They set goals, work hard and apply themselves. They develop and repeat good career practices until they become second nature. It requires self-discipline. By applying the following 21 methods of self-discipline in all aspects of your life, you will improve in three main areas: Personal success; Business, sales and finance; and personal life. By practicing self-management and self-control, you will be more pleased with yourself. You will feel a sense of pride and accomplishment and enjoy improved self-esteem. Ultimately, you will feel empowered, responsible and positive about the future. You can always come up with dozens of reasons why you haven't achieved your goals. Maybe you had an overbearing mother, or the economy is tough or your boss doesn't appreciate you. The list of excuses is endless. However, if you want to be successful, redirect the energy you put in excuse in making progress. You'll surprise yourself. Life is difficult for everyone, but successful people achieve their goals despite life's obstacles. They eat dinner before dessert. They're losing pleasure for long-term satisfaction. They set goals, work hard and apply themselves. They develop and repeat good career practices until they become second nature. It requires self-discipline. By applying the following 21 methods of self-discipline in all aspects of your life, you will improve in three main areas: Personal success; Business, sales and finance; and personal life. By practicing self-management and self-control, you will be more pleased with yourself. You will feel a sense of pride and accomplishment and enjoy improved self-esteem. Ultimately, you will feel empowered, responsible and positive about the future. The best reviews of the latest Best Reviews I've read nearly two thousand books on various topics over the years and I can honestly say if someone asked me to give them one book to help them become successful in life it would be this. Its full of simple, direct advice in 21 key areas of life such as: relationships, career success, leadership, finance, health, courage, happiness, character (my favorite), responsibility, time management, peace of mind, and many others. Brian really knocked him out of the park with this on I've read almost two thousand books on various topics over the years and I can honestly say if someone asked me to give them one book to help them become successful in life it would be this. Its full of simple, direct advice in 21 key areas of life such as: relationships, career success, leadership, finance, health, courage, happiness, character (my favorite), responsibility, time management, peace of mind, and many others. Brian really knocked him out of the park with that. This is the one I will reread every year. It takes me about 15-20 minutes every day. Its a great way to get your day started, you can try it as well. Tony Rogers Jr.: Making a difference in a world that needs you... No more excuses! The power of self-discipline, written by Brian Tracy, is the ultimate self-help book if someone wants to succeed in life. Whether the circumstances of their birth are rich or poor, their connections and influences that others can hold on to, they can still achieve the desire of their hearts and achieve all the success they desire, through the hard work itself. The author believes that most people either blame their circumstances for their own shortcomings, or fall into the trap of taking an easy exit, or get discouraged if they don't get instant gratification for their hard work. Nothing good in life comes easily, and success also requires true grit and hard work, along with perseverance. The author outlines different ways creating your own self-discipline to succeed in your personal life, business or career and financial. Each chapter has exercises to help improve self-discipline, so that one stops fooling himself with excuses. It is noteworthy that the exercises are designed to apply an unduly unrequited approach to every aspect of your life. Brian Tracy is a popular author of many bestsellers on his account, both mastering your time, the gift of self-confidence, and maximum achievement. He is a very successful motivational speaker and the author of many books on personal development. Books. no excuses brian tracy pdf español. no excuses the power of self-discipline by brian tracy pdf free download. brian tracy no excuses pdf full download. no more excuses brian tracy pdf. brian tracy no excuses summary pdf. no excuses brian tracy pdf free ebook download

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